Obstetric GPs

Obstetric GPs are specialist trained GPs (different to ‘normal’ GPs) who provide all antenatal care throughout pregnancy and who can deliver your baby. Limited bulk-billing is available in this locality and some clinics charge a reduced fee if you hold a Health Care Card.

Federation Clinic
Dr Fiona Christie; Dr Phillip Steele
1 Forde Ct Wodonga 3690 Tel: 02 6059 2500

Gardens Medical Centre
Dr Michael Thomas
Level 3, 470 Wodonga Place, Albury 2640
Tel: 02 6021 3555

West Wodonga Medical Centre
Dr Peter Sartori
195 Melbourne Rd Wodonga 3690
Tel: 02 6056 2447

Central Medical Group
Dr Jenny Giddens; Dr Greg Gladman
Dr Tess Goodwin; Dr Alison Green
Dr David Tillett
224 Beechworth Rd Wodonga 3690
Tel: 02 6024 3233

Corowa Medical Centre
Dr Antoinette Del Popolo
61 Guy St Corowa 2646 Tel: 02 6033 1211

Corryong Medical Centre
Dr Richard Barkas
Kiell St Corryong 3707 Tel: 02 6076 3290

Myrtleford Standish St Surgery
Dr Leigh Bennie; Dr Simon Shute
107 Standish St Myrtleford 3737 Tel: 03 5751 9900

Bright Medical Centre
Dr Chris O’Brien
115 Gavan St Bright 3741 Tel: 03 5750 1000

Mt Beauty Medical Centre
Dr Skye Delaney; Dr Jeffrey Robinson
Dr Mark Zagorski
Tawonga Crs Mt Beauty 3699 Tel: 03 5754 3400

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**Antenatal Care is Important!**

Antenatal care is the care that you receive from healthcare professionals during your pregnancy. It includes information on services that are available and support to help you make choices. Your antenatal services should be readily and easily accessible and sensitive to your needs.

During your pregnancy you should be offered a series of antenatal appointments to check on your health and the health of your baby. During these appointments you should be given information and clear explanations about your care. You should be given the opportunity to discuss any issues and to ask questions. You should also be offered antenatal classes, including breastfeeding workshops.

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**Choices of Antenatal Care:**

**Obstetric GP Care** All appointments are with an Obstetric General Practitioner at his/her Medical clinic.

**GP Shared Care (with Obstetric GP)** Visits are with your regular GP for antenatal check-ups and additional visits are required with an Obstetric GP.

**GP Shared Care (with Specialist Obstetrician)** You will visit your regular GP for antenatal check-ups and additional visits as required with a Specialist Obstetrician.

**Midwife Care Program** The Midwife Care Program is available at Wodonga Hospital for uncomplicated pregnancies. Most antenatal appointments occur at Wodonga Hospital with Midwives and some appointments are with an Obstetric GP at his/her Medical clinic.

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**Antenatal Education Classes**

Antenatal classes prepare you for the arrival of your new baby. Classes cover a range of topics: labour; pain management; labour coping skills; breastfeeding; bathing baby; first few days of life; parenting skills; settling techniques; caesarean birth and a birth suite tour. Class times vary and a fee is charged to cover costs. A five week series or all day classes are available. For class times and bookings: 02 6051 7240

**Antenatal Fitness Classes**

Fit-for-birth classes are run by a physiotherapist in the Wodonga Hospital CRC (Fee applies). Bookings: 02 6051 420

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**Australian Breastfeeding Association**

ABA offers breastfeeding classes and website with discussion forums. See [www.breastfeeding.asn.au](http://www.breastfeeding.asn.au) or telephone (03) 9885 0855.

**Breastfeeding Help Lines:** VIC 03 9885 0653 or NSW 02 8853 4999

**Young and Pregnant**

**Young Parents Antenatal Education**

Special sessions run for under 20s. For details, contact Wodonga Hospital on 02 6051 240.

**Lovely Bumps** — Gateway Community Health Service offers a free ‘Love your Bump’ antenatal program for young people under 25.

Telephone 02 6022 8888 or Text 0429 852 500

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**Antenatal Education and Fitness Classes**

**Between 14-22 Weeks All Women ‘Book-in’ to Wodonga Hospital**

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**Disclaimer:** This pamphlet has been prepared with due care to better inform the local community about antenatal care and local/associated options. It is not intended that information contained should replace consultation with a suitably qualified health or medical practitioner. Produced June 2010 Revised April 2012