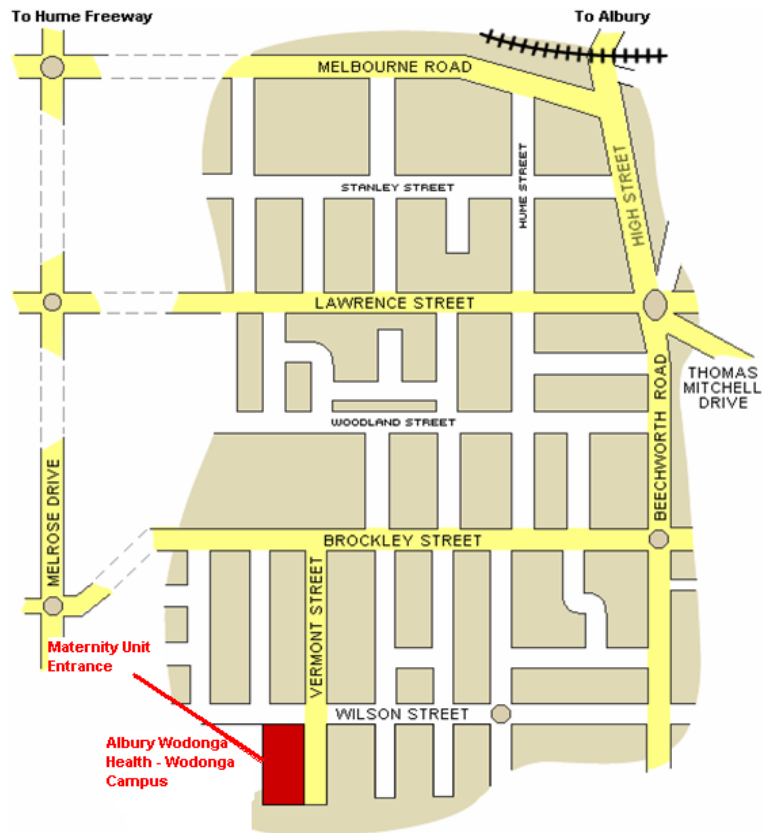


MAP OF HOSPITAL ACCESS TO THE MATERNITY UNIT

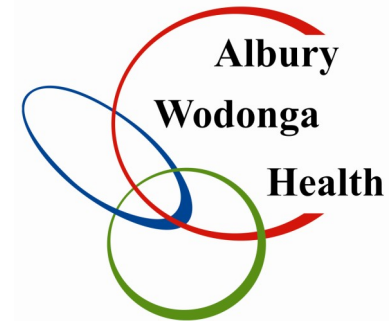
Albury Wodonga Health Wodonga Hospital is located five minutes from the Hume Highway.

Limited parking is available in the Maternity Unit car park off Wilson Street. Street parking near the Maternity Unit is available but is time restricted and policed.



Albury Wodonga Health Wodonga Hospital Maternity Unit
Vermont Street
(Maternity Unit access via Wilson Street)
Wodonga Vic 3690

June 2012



Midwife Care Program



MIDWIFE CARE PROGRAM (MCP):

The MCP at Albury Wodonga Health (AWH) Wodonga Hospital offers women with uncomplicated low risk pregnancies antenatal care with a focus on education, preparation for birth and parenthood. The program provides an opportunity for women, their partners and families to participate fully in the pregnancy and birth.

Midwives are responsible for your care throughout the pregnancy, birth and postnatal period. You will still need to see an AWH Wodonga Hospital Obstetric Medical Provider as early as practical in your pregnancy and again at 36 weeks, and 41 weeks.

The MCP Midwives and the Obstetric Medical Providers work closely together to ensure the most appropriate and safe care for you during your pregnancy, labour and postnatal stay. Our aim is to contribute to your experience of a positive pregnancy and child birth experience whilst promoting the best possible outcomes for you and baby. After discharge from hospital your care is continued by our Domiciliary or Outreach Midwives.

Please be aware that we have set criteria for inclusion on the program and there are conditions that may exclude you from this program. The final decision rests with the MCP.

- You may self refer to the MCP. However all clients will be screened by the Midwives and / or an Obstetric Medical Provider to confirm they are low risk and suitable for the MCP. This screening process can be attended via the phone or at your booking in appointment.
- Should complications develop, you will be referred back to your Obstetric Medical Provider who is able to provide antenatal care and specialist referral if required.
- Booking into the hospital is also required. To arrange a booking appointment please contact Antenatal Reception at AWH Wodonga Hospital on Phone: (02) 6051 7240
- The program runs Monday's, Wednesday's, Thursday's and Fridays. Please bring with you to appointments your Pregnancy Health Record and any blood results or ultrasound scans that you have had attended.
- For further information, or to arrange a screening phone call, or to make a MCP appointment, please contact the AWH Antenatal Receptionist at Wodonga Hospital on Phone: (02) 6051 7240.

MEDICAL INVOLVEMENT:

- Based on your history your Obstetric Medical Provider will perform an initial medical and pregnancy assessment of your suitability for MCP.
- All women attending the MCP are required to see an affiliated Obstetric Medical Provider early in their pregnancy and again at 36 and 41 weeks.
- If at anytime during your pregnancy the Midwife feels you need to be referred back to your Obstetric GP Provider she will discuss this with you and organise the necessary consultation.
- If complications occur during your labour, the Obstetric GP Provider rostered will be asked to see you.
- After you have left hospital your family GP can provide postnatal medical care for you and your baby.

ANTENATAL CARE VISITS:

- Our aim is to have you attend your first visit with the Midwives between 12 - 18 weeks, and at the latest 30 weeks.
- Provide your antenatal care throughout your pregnancy in collaboration with your AWH Wodonga Hospital Obstetric GP Provider. Length of appointments is 1 hour for your first visit. Subsequent visits are then usually 30 minutes, longer appointments may be arranged as necessary.
- The number and frequency of antenatal appointments will depend on your circumstances. The Royal College of Obstetricians and the Victorian 3 Centres Consensus Guidelines for Antenatal Care recommends ten appointments during the duration of pregnancy for women classified as low risk.
- Regular antenatal care appointments are essential for monitoring the progress of your pregnancy and to provide appropriate care and advice.
- At each antenatal visit the MCP Midwife will:
 - Check your blood pressure and weight.
 - Check the growth of your baby.
 - Order blood tests.
 - Review any tests that you may have had.
 - Discuss any matters of concern you may have.
 - Liaise with your Obstetric Medical Provider if there are any concerns, and refer you back to Obstetric Provider if clinically indicated.
 - Provide information and education to you regarding your pregnancy and progress.
 - Record your antenatal visit findings in your Pregnancy Health Record. This card will be kept by you and taken to each visit with the MCP / Doctor or hospital Presentation. The card will be retained by the hospital after your delivery.