

March 2018

All enquiries or bookings to the Wellness Centre on (02) 6064 1562 or email: wellness.centre@awh.org.au



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Brave Hearts Wig Library 10am to 2pm	2
5 Oncology Massage 10am to 2:30pm	6 Brave Hearts Wig Library 10am to 2pm	7 Oncology Massage 10am to 2:30pm	8 Brave Hearts Wig Library 10am to 2pm Women's Wellness Group ♀ 10:30am to 2pm	9
12 Oncology Massage 10am to 2:30pm	13 Brave Hearts Wig Library 10am to 2pm	14 Oncology Massage 10am to 2:30pm Art Relaxation Group 10am to 12pm	15 Brave Hearts Wig Library 10am to 2pm	16
19 Oncology Massage 10am to 2:30pm	20 Brave Hearts Wig Library 10am to 2pm High Tea 1pm to 2:30pm Look Good Feel Better 9:15am to 12 noon	21 Oncology Massage 10am to 2:30pm	22 Brave Hearts Wig Library 10am to 2pm	23
26 Oncology Massage 10am to 2:30pm	27 Brave Hearts Wig Library 10am to 2pm Men's Cancer Support Group 10am to 12pm	28 Oncology Massage 10am to 2:30pm Art Relaxation Group 10am to 12pm	29 Brave Hearts Wig Library 10am to 2pm	30

