



## Community Information Session

For carers, friends, family & anyone interested in knowing more about mental health and wellbeing.

**Tuesday, October 10th, 6 pm to 8 pm**  
**“Let’s Talk”**

The Central Hume Suicide Prevention Network is made up of representatives of North East and Border Mental Health Service, Rural City of Wangaratta, Department of Health and Human Services, Gateway Health, Cathedral College Wangaratta, NESAY and Victoria Police.

**Who Should Attend:** Carers, family members or friends of people with mental health issues and interested community members are invited to attend this information session.

**Session Agenda:** The Suicide Network members will present information about suicide, give people an opportunity to ask questions and have an open discussion about how to tackle suicide prevention with the community as a whole.

### **Presented by**

The Central Hume Suicide Prevention Network

**Venue:** Wangaratta High Country Library  
21 Docker Street, Wangaratta

**Contact:** To RSVP please contact, refreshments provided.  
Kelly Davis (Carer Consultant).  
North East and Border Mental Health Service  
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